

RVC Tennis

Get Fit. Have Fun.



TENNIS PROGRAMMING AT OUR COURT OPERATED BY RVC TENNIS

Member-Only Clinic

This 90-minute clinic will help you develop consistency, strategy, pattern play, stroke production and point play. As this is an Our Court member-only clinic, this is a great way to meet fellow Our Court members and find new friends to play with or against! This clinic is only held once a month, so don't forget to sign up in advance to reserve your spot!

Open Clinic

This 90-minute clinic is designed to improve stroke dependability, directional control, net play, and doubles strategy. Open to the whole tennis community, this clinic is an awesome opportunity to meet fellow tennis lovers in the Upper Valley! Don't miss out on this chance to receive instruction from USPTA/USPTR certified tennis pros, improve your game, and make new connections in your community!

Stroke of the Week

Taught by RVC Head Pro Chad Arado, this clinic will begin by explaining proper grip, and then breakdown the mechanical movement of the swing. Next, the stroke technique will be reinforced with shot-specific drills and rally practice. The Stroke of the Week clinic is a great opportunity for both beginners and advanced players to learn proper technique and expand their tennis arsenal. Focuses on a specific stroke each week, and is open to both members and non-members.

Dates and Times

Member-Only Clinic: Takes place on Tuesday, once a month. 3.0-3.5 and 4.0+ levels all run 5:30-7pm.

- January 22
- February 26
- March 26
- April 23
- May 28

Open Clinic: Takes place every Wednesday. 4.0+ level runs 4:30-6pm, 3.0-3.5 level runs 6-7:30pm.

Stroke of the Week: Takes place every Wednesday, 4-5pm and 5-6pm.

Pricing

Member-Only Clinic: \$15/clinic

Open Clinic: \$29/clinic

Stroke of the Week: \$20/clinic
Players must sign up 24hrs in advance.
Call the RVC FITshop to register.

603-643-3627